

## Ask Often, “What Does the Bible Say?”

Some of the most important changes in my life occurred when I thought to ask, “What does the Bible say about this?” The way I spend the Lord’s Day, for example, and my thinking about what activities please God in worship were dramatically changed when I purposed to study what God’s Word said about those matters.

Far more often than we do, Christians should ask such questions. In our relationships, finances, use of time, priorities, parenting, simplifying, and everything else, we should more quickly ask, “What does the Bible say about this?”

The wisdom of frequently asking this question is obvious if we believe truths like these:

- “The testimony of the Lord is sure, making wise the simple” (Psalm 19:7)
- “Your word is a lamp to my feet and a light to my path” (Psalm 119:105)
- “Man shall not live by bread alone, but by every word that proceeds from the mouth of God” (Matthew 4:4)
- “All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work” (2 Timothy 3:16-17)

Nothing will simplify our lives more than finding the will of God on a matter and doing it. And the best way to discover the will of God is to search the Word of God.

What’s the most significant issue in your life right now? What major decision is before you? Be sure to ask, “What does the Bible say about this?” Then, as you turn to the Bible, pray the prayer of Psalm 119:18: “Open my eyes, that I may see wondrous things from Your law.”

Excerpted from Donald S. Whitney, *Simplify Your Spiritual Life*  
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